

**My soul is deprived of peace,  
I have forgotten what happiness is;  
I tell myself my future is lost,  
all that I hoped for from the Lord.  
The thought of my homeless poverty  
is wormwood and gall;  
Remembering it over and over  
leaves my soul downcast within me.  
But I will call this to mind,  
as my reason to have hope:**

**The favors of the Lord are not exhausted,  
his mercies are not spent;  
They are renewed each morning,  
so great is his faithfulness.  
My portion is the Lord, says my soul;  
therefore will I hope in him.**

**Good is the Lord to one who waits for him,  
to the soul that seeks him;  
It is good to hope in silence  
for the saving help of the Lord.**

**The word of the Lord.**